



test parameters	sample/matrix: Phospholipids from 10 mL cow's milk (Folch method extraction)
	SPE tube: Supelclean LC-Si, 1 g/6 mL (57051)
	condition: hexane
	sample addition: 1 mL extract in chloroform/methanol (2:1, v/v)
	washing: 3 mL of hexane/diethylether (8:2, v/v) and 3 mL of hexane/diethylether (1:1, v/v) to remove nonpolar lipids
	elution: 1 x 4 mL methanol, followed by 1 x 2 mL methanol, followed by 1 x 2 mL chloroform/methanol/water (3:5:2, v/v/v).
	eluate post-treatment: dry under a gentle stream of nitrogen, redissolved residue in chloroform/methanol (2:1, v/v)